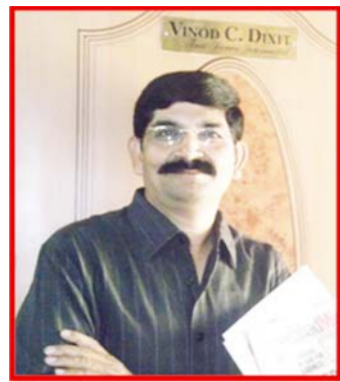


Need to play role to ensure healthier environment for a healthy living



Diabetes has now become a major public health concern especially in India because of several reasons. Today, over 300 million people live with diabetes. A similar number is at high risk. Diabetes is a major health issue in our country. One of the important barriers in handling this issue is the change in behaviour of the people and awareness on the importance of lifestyle modification. Diabetes makes people prone to heart disease, kidney failure and infectious diseases like tuberculosis, malaria, and HIV/AIDS, among others, leading to premature death. Sugar is the new tobacco, experts, medical studies and health organizations have declared. The belief is that diabetes is an urban and rich man's disease but we now

know that the annual increase in the numbers of those with diabetes is much higher in the rural areas, poor individuals and those less educated.

Diabetes isn't deadly, it just needs regular monitoring and medication and disciplined living. Regular exercise and healthy eating are the only ways to control blood sugar levels and stay fit. Diabetes is not a disease but a metabolic disorder. Acceptance of the problem is the first step to dealing with it. We need to take to heart the statement that "strengthening primary care is imperative". This is true of not only diabetes, but for all widely prevalent and enduring ailments. Many patients think that mere changes in food habits and taking alternative therapy can control diabetes but that's impossible. Lifestyle correction is a must, but one cannot stop insulin intake. Not taking insulin leads to formation of ulcers, infections and high sugar levels. Excessive urine, thirst and hunger, unexplained weight loss and fatigue are some of the common symptoms. All of these occur due to insulin deficiency.

According to the Diabetes



Foundation of India, about 50.9 million people in India suffer from diabetes, and this figure is likely to go up to 80 million by 2025, making it the 'Diabetes Capital' of the world.

Unhealthy diet is one major cause of the disorder. People focus on reducing the quantity of food but are unaware of the caloric value of food items they consume. The medical fraternity needs to gear up to the challenge of preventing, diagnosing and treating diabetes in society and people. Several institutes have initiated in-service programmes to enhance the knowledge, skills and core competencies of primary care physicians to deliver standardised care.

We need to work collaboratively with governments, civil society,

private sectors, schools, workplaces, media and other local partners. We all have a role to play to ensure healthier environment for a healthy living. Walking is perhaps the simplest and the most effective way to maintain one's health, and for diabetics to manage the chronic disease as it doesn't require any training or special equipment, which means it can be done without a break. Living with diabetes may not be easy but it isn't impossible either. A few lifestyle and dietary changes is all it takes to keep the disease in control.

Vinod Chandrashekar
Dixit
dixitptrakr@yahoo.in
B-15 Jyoti-Kalash
Society,
Jodhpur Tekra
Satellite
Ahmedabad - 380 015

Union Home Minister reviews the Preparation for Census 2021

Union Home Minister Shri Rajnath Singh reviewed the functioning of the Office of Registrar General and Census Commissioner, India here today. Minister of State (Home) Shri Kiren Rijju, Union Home Secretary Shri Rajiv Gauba.

Realme 2 can be availed at Rs. 8,240/- flat with offer

Realme's latest offering in the budget smartphone segment, Realme 2 is all set to go on sale on September 4, 2018 exclusively on Flipkart. Packed with exciting features, Realme 2 is first to offer a Notch Full Screen in the sub-10K segment and will be available in India at starting price of INR 8,990. Targeting the young online audience, Realme has also lined up exciting deals for Paytm, Lenskart, Reliance Jio subscribers and HDFC Bank Credit and Debit cardholders. Launched on August 28, Realme 2 has witnessed unprecedented demand in the budget smartphone segment. The handset will be available in two trendy variants, Diamond Black and Diamond Red with the 3GB RAM+32GB ROM version priced at INR 8,990 and 4GB RAM+64GB ROM priced at INR 10,990. The sale is scheduled to begin at 12

noon onwards on www.flipkart.com. Expressing delight on the interest for Realme 2, Madhav Sheth, Chief Executive Officer, Realme India, said, "We listened to the youth of India and have offered Realme 2 as an all-rounder with the most features, in a more budget friendly segment. Our first offering, Realme 1 is a performance oriented smartphone catering to a particular segment of youth. Realme 2 on the other hand is a smartphone that caters to mass audiences, with all-inclusive features for their daily needs, keeping both power and style intact under INR 10K. The great response from the audiences towards Realme 2, strengthens our commitment to offer young people around the world, a joyful expression of life featuring affordable 'technology' and 'beauty'."

ISKCON VRINDAVAN to be Streamed Live in VR DEVOTEE APP

Immerse yourself in the devotion of Lord Krishna this Janmashtami from his birth place, the holy city of Vrindavan, as Kalpnik Technologies will be live streaming the celebrations and pujas in 360 degree Virtual Reality (VR) via VR DEVOTEE App on 3rd of September 2018 between 4:40 AM to 13:00 PM. Devotees from all over the world will be able to chant prayers and sing keerthanas along with the thousands of pilgrims at ISKCON VRINDAVAN and Immerse themselves in devotion even if they are unable to come to the temple.

Developed by Kalpnik Technologies, a start-up leveraging VR and AR technology, VR DEVOTEE is transforming the way people connect with their faith. Devotees from across the globe who are unable to visit



ISKCON VRINDAVAN Temple will now get an opportunity to Indulge in The Bhakti of LORD KRISHNA on Krishna Janmashtami day through VR DEVOTEE APP In 360 Virtual Reality from the comfort of their home. The Puja and Aarti experienced using a VR Headset is truly immersive giving one the experience of almost being there at the temple. (19-8)

Edi:Mayur C. Bhatt, Printer & Publisher-Mayur C Bhatt., Place of Pub: 37/ A, Rajlaxmi Tanament, Opp. Rami Vidhyalaya, Laxmipura, Gorva, Vadodara-Place of Printing : Mahadev Offset, H-47, Ravi Estate Rustam Mill Compound Dudheswar, Ahmedabad-19. Owner : Kalyani Pub. Pvt. Ltd.

"Need to synchronise manufacturing sector with service sector" – Vijaybhai Rupani

Ahmedabad, Gujarat Chief Minister Vijaybhai Rupani today called for synchronising Manufacturing Sector with Service Sector like hospitality, banking and security for creating more jobs for the youth.

He said the youth should be considered as asset of the nation and it is for the government to provide appropriate 'job for every hand'. India is the world's most youthful nation in the world with 18-35 age

group comprising 55 per cent of India's total population. The government arranges job fairs every year to create jobs by MSME in GIDC Estates and other agencies at local level.

ET NOW & Kotak Mutual Fundembank on the third edition of 'Kotak SIP Day'



ET NOW, India's leading business news channel, for the third consecutive year associated with Kotak Mutual Fund for the Kotak SIP Day. Earmarked every year as the day to educate investors & commoners on the benefits of investing and growing your wealth with the help of SIPs, the 3rd edition focuses on 'How to pick the right SIP'. Held in Mumbai, the mega investor education initiative event was hosted by Nikunj Dalmia, Executive Editor, ET NOW and present on the occasion was Mr. Nilesh Shah, MD, Kotak Mahindra AMC.

Speaking on the initiative, MK Anand, CEO & MD, Times Network says, "We are happy to partner with Kotak Mutual Fund for the SIP Day which is in its

third consecutive year. SIP, today is a crucial component for people to plan and secure their financial goals. In its third edition, Kotak SIP Day continues to educate Indians to choose the right plans thereby empowering them to build a secured financial future. We hope this initiative encourages more and more people to understand the importance and benefits of investing through SIP."

Commenting on the initiative, Nilesh Shah, MD, Kotak Mahindra AMC said, "At Kotak MF we want to popularize SIP day as much as Valentine day. SIP is an optimum solution for creating wealth. We want to ensure that common Indian participate in the growth story of India through SIP." (19-10)

UMIYA TUBES LIMITED

(CIN: L28112GJ2013PLC074916)
Registered Office: 208, 2nd Floor, Suman Tower, Sector -11, Gandhinagar -382011

NOTICE OF AGM, REMOTE E-VOTING & BOOK CLOSURE
NOTICE is hereby given that the 5th Annual General Meeting (AGM) of the Members of the Company will be held at the Registered Office of the Company situated at 208, 2nd Floor, Suman Tower, Sector -11, Gandhinagar -382011 on Friday, the 28th September, 2018 at 12.30 p.m. to transact business mentioned in the notice of Annual General Meeting.

In terms of section 101 and 136 of the Companies Act, 2013 read with Rule 18 of the Companies (Management and Administration) Rules, 2014, the notice setting out the business to be transacted at the AGM along with the Explanatory Statement pursuant to section 102(1) of the Companies Act, 2013 and Annual Report of the Company for the financial year 2017-18 along with Remote E-voting details have been sent in prescribed mode to the shareholders of the Company.

The Annual Report alongwith the notice of 5th AGM is available on the Company's website www.umiyatubes.com under "investor relations" head in "Financials" section. Notice of 5th AGM can also be accessed from the website of CDSL viz.: www.cdslindia.com as well as from the Stock Exchange websites www.bseindia.com. Shareholders, who wish to receive physical copies of the Annual Report may write to the Secretarial Department at the Registered Office of the Company or send an email to investor@umiyatubes.com.

Every member entitled to attend and vote is entitled to appoint a proxy to attend and vote instead of himself/herself and such proxy need not be a member. Proxies in order to be effective should be duly completed and deposited at the registered office of the Company not less than 48 hours before the time fixed for holding of AGM.

Your Company is pleased to provide remote e-voting facility through CDSL. The voting rights shall be as per the number of equity shares held by the members as on 21st September, 2018 (which is decided as the cut-off date). Remote E-voting will commence on 25th September, 2018, Tuesday at 9.00 a.m. IST and ends on 27th September, 2018, Thursday at 5.00 p.m. The e-voting module shall be disabled by CDSL for voting thereafter. Shareholders can also cast their vote using CDSL's mobile app m-Voting available for all mobile users. The m-Voting app can be downloaded from Google Play Store. iPhone and Windows phone users can download the app from the App Store and the Windows Phone Store respectively. Please follow the instructions as prompted by the mobile app while voting on your mobile.

The Members who have not cast their votes by remote e-voting can exercise their voting at the AGM. The Company will make arrangements of ballot/polling papers in this regards at the AGM venues.

A member may participate in the Annual General Meeting even after exercising his rights to vote through remote e-voting, but shall not be allowed to vote again at the meeting. It may please be noted that the votes given by any member through remote e-voting facility shall be treated as final and binding and the shareholder will not be allowed to change it subsequently.

A person, whose name is recorded in the register of members or in the register of beneficial owners maintained by the depositories as on the cut-off date only shall be entitled to avail the facility of remote e-voting as well as voting at the meeting through ballot/poll papers. For detailed instructions pertaining to Remote E-Voting, members may please refer Notes to Notice of the AGM. A person, who acquires shares and becomes shareholder of the Company after dispatch of the notice and holding shares as on the cut-off date, can do remote e-voting by following the instruction mentioned in the Notes to Notice of the AGM.

In case of any queries or grievances pertaining to Remote E-Voting procedure, shareholders may get in touch with Mr. Ritendrasinh K Rathod, Company Secretary at the Registered Office of the Company at 208, 2nd Floor, Suman Tower, Sector -11, Gandhinagar -382011 (Gujarat) Ph. No. 079-23242052 or the e-mail ID as mentioned aforesaid.

Notice is also hereby given that pursuant to Regulation 42 of the SEBI (LODR) Regulations, 2015 and Section 91 of the Companies Act, 2013 read with applicable Rules, the Register of Members and Share Transfer Books of the Company will remain closed from Friday, the 21st September, 2018 to Friday, the 28th September, 2018 (both days inclusive) for the purpose of AGM.

By Order of the Board,
For UMIYA TUBES LIMITED
SD/-
DINESHSINH B. CHAVADA
CHAIRPERSON AND
MANAGING DIRECTOR
Place: Gandhinagar
Date : 1st September, 2018

PARKER AGROCHEM EXPORTS LIMITED

(CIN: L24110GJ1993PLC02102)
Registered Office: Block H, Plot 3 & 4, New Kandla - 370 210 (Kutch)

NOTICE OF AGM, REMOTE E-VOTING & BOOK CLOSURE
NOTICE is hereby given that the 25th Annual General Meeting (AGM) of the Members of the Company will be held at the Registered Office of the Company situated at Block H, Plot 3 & 4, New Kandla - 370 210, Kutch on Saturday, the 29th September, 2018 at 12.00 noon to transact business mentioned in the notice of Annual General Meeting.

In terms of section 101 and 136 of the Companies Act, 2013 read with Rule 18 of the Companies (Management and Administration) Rules, 2014, the notice setting out the business to be transacted at the AGM along with the Explanatory Statement pursuant to section 102(1) of the Companies Act, 2013 and Annual Report of the Company for the financial year 2017-18 along with Remote E-voting details have been sent in prescribed mode to the shareholders of the Company.

The Annual Report alongwith the notice of 25th AGM is available on the Company's website www.parkeragrochem.com under "investor relations" head in "Financial Results/Annual Report section. Notice of 25th AGM can also be accessed from the website of CDSL viz.: www.cdslindia.com as well as from the Stock Exchange websites www.bseindia.com. Shareholders, who wish to receive physical copies of the Annual Report may write to the Secretarial Department at the Registered Office of the Company or send an email to parkeragro_abd@yahoo.in.

Every member entitled to attend and vote is entitled to appoint a proxy to attend and vote instead of himself/herself and such proxy need not be a member. Proxies in order to be effective should be duly completed and deposited at the registered office of the Company not less than 48 hours before the time fixed for holding of AGM.

Your Company is pleased to provide remote e-voting facility through CDSL. The voting rights shall be as per the number of equity shares held by the members as on 22nd September, 2018 (which is decided as the cut-off date). Remote E-voting will commence on 26th September, 2018, Wednesday at 9.00 a.m. IST and ends on 28th September, 2018, Friday at 5.00 p.m. The e-voting module shall be disabled by CDSL for voting thereafter. Shareholders can also cast their vote using CDSL's mobile app m-Voting available for all mobile users. The m-Voting app can be downloaded from Google Play Store. iPhone and Windows phone users can download the app from the App Store and the Windows Phone Store respectively. Please follow the instructions as prompted by the mobile app while voting on your mobile.

The Members who have not cast their votes by remote e-voting can exercise their voting at the AGM. The Company will make arrangements of ballot/polling papers in this regards at the AGM venues.

A member may participate in the Annual General Meeting even after exercising his rights to vote through remote e-voting, but shall not be allowed to vote again at the meeting. It may please be noted that the votes given by any member through remote e-voting facility shall be treated as final and binding and the shareholder will not be allowed to change it subsequently.

A person, whose name is recorded in the register of members or in the register of beneficial owners maintained by the depositories as on the cut-off date only shall be entitled to avail the facility of remote e-voting as well as voting at the meeting through ballot/poll papers. For detailed instructions pertaining to Remote E-Voting, members may please refer Notes to Notice of the AGM. A person, who acquires shares and becomes shareholder of the Company after dispatch of the notice and holding shares as on the cut-off date, can do remote e-voting by following the instruction mentioned in the Notes to Notice of the AGM.

In case of any queries or grievances pertaining to Remote E-Voting procedure, shareholders may get in touch with Ms. Swetal C. Pandya, Company Secretary at the Corporate Office of the Company at 401, 4th Floor, Turquoise Building, Panchwati Five Roads, Ahmedabad-380006 (Gujarat) Ph. No. 079-40393814 or the e-mail ID as mentioned aforesaid.

Notice is also hereby given that pursuant to Regulation 42 of the SEBI (LODR) Regulations, 2015 and Section 91 of the Companies Act, 2013 read with applicable Rules, the Register of Members and Share Transfer Books of the Company will remain closed from 22nd September, 2018, Saturday to 29th September, 2018, Saturday (both days inclusive) for the purpose of AGM.

By Order of the Board,
For PARKER AGROCHEM EXPORTS LIMITED
SD/-
JAGDISH R. ACHARYA
CHAIRPERSON &
MANAGING DIRECTOR
(DIN NO. 01251240)
Place: Ahmedabad
Date : 2nd September, 2018

